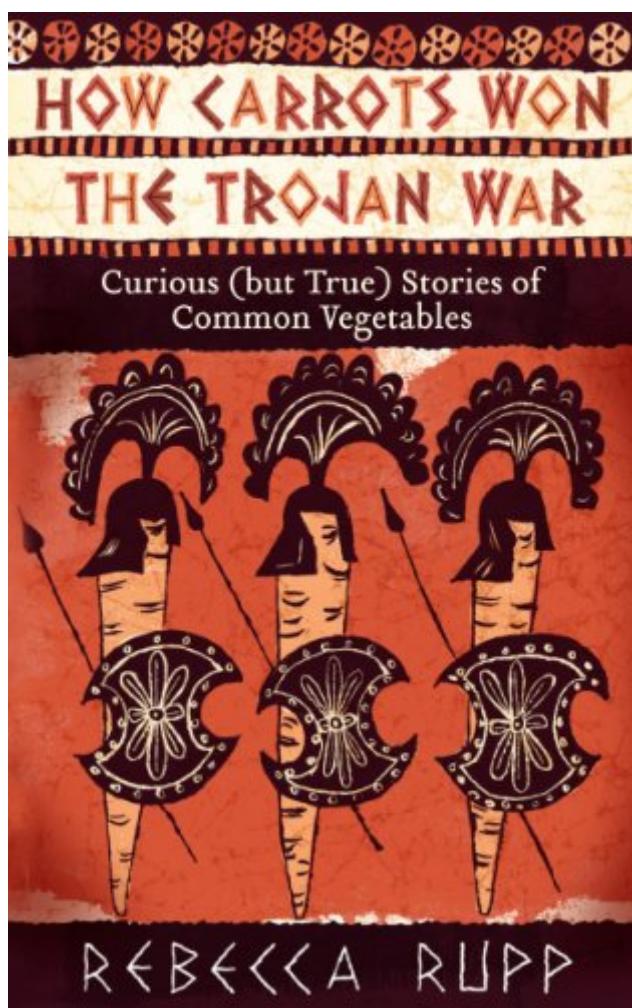


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# How Carrots Won The Trojan War: Curious (but True) Stories Of Common Vegetables



## **Synopsis**

Discover why Roman gladiators were massaged with onion juice before battle, how celery contributed to Casanova's conquests, how peas almost poisoned General Washington, and why some seventeenth-century turnips were considered degenerate. Rebecca Rupp tells the strange and fascinating history of 23 of the world's most popular vegetables. Gardeners, foodies, history buffs, and anyone who wants to know the secret stories concealed in a salad are sure to enjoy this delightful and informative collection.Â

## **Book Information**

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Vegetables

## **Customer Reviews**

What an interesting collection of stories about vegetables. I loved the many discoveries I made in this book. Do you know why Boston is called "Bean Town?" This book will tell you. Do you know how a common misconception about carrots helped the British survive the Battle of Britain? This book will tell you. Do you know why peppers and onions make those spicy flavors that sting your eyes and tongue? This book will tell you. Do you know why people were afraid to eat tomatoes for

years? This book will tell you. It is a treasure trove of hundreds of delightful stories about foods we eat all the time. And there is also a good deal of science in here as well as the origins and properties of the different vegetables are discussed. All in all, this book accomplished exactly what it said it would. Good read.

I thought this was a quick and enjoyable read about the history of our most common vegetables. I bought the Kindle version and read it on a trip. Each story is short so it's easy to read a bit at a time. You wouldn't think that would be interesting but Rebecca Rupp has done a great job with balancing the facts and the stories. As a serious cook I liked knowing more about my ingredients. A good book for the foodie in you, and perhaps it will help you to eat your vegetables. Maybe it will even make vegetables more interesting to the kids!

I am giving this book a four star rating because it is so much fun to read. There is lots of interesting facts about vegetables that are presented. Along with these facts, the stories make for a really fun read. I read the book from cover to cover in almost one sitting. The facts are presented in one joyful rush that makes it fun to read. Now, I could argue that the book and the facts, could be laid out in neat little sections, and this would be the proper and organized thing to do. However, to do so would have taken the joy out of the reading. The words come out in almost a rush, like a torrent, and you are carried along with the flow. For a subject as prosaic as vegetables, this way of presenting them brings them to life, and makes the book wonderful. And, a pleasure to read. Great piece of writing!

I have been enjoying reading this book !!! It is really easy to read!!!! You can start reading it without follow the order of the chapters. The author poses a talent to use entertainment facts with curious details of the human history associated with the vegetables; Also she gives interesting and simple scientific explanations about the most important chemicals for which the vegetables has been famous or infamous according with the mood of the times... and she also mentioned a little bit of the natural history of the vegetables, letting us know where the vegetables were domesticated first and how the present descents have been change from its wild relatives... I just love that book... it is like knowing the secrets associated with the vegetables and our heroes, pirates, kings, queens, presidents... facts that you were not find easily in one book !!!

Enjoyable book with vignettes of different vegetables and their role in history. I learned much about some of the obscure and early uses of different vegetables. It doesn't get five stars because, while

good, the book wasn't great. I would recommend it only if you can get it as a daily special. I think I paid \$1.99 for it. Worth it at that price, but not at \$10.

This book is truly wonderful. It is a fun, interesting read with so many cool facts about vegetables (okay, there's fruits in there, too). There's so much history to the foods we eat, and it has changed the way I think about vegetables that I DO eat and those that I will start eating. I wasn't expecting to LOVE it as much as I do, but I highly recommend this for any gardener, vegetable enthusiast, or anybody who just eats veggies!

We write a food blog and are working on a couple books; the style occasionally gets a bit over the top, but content and references are gold. Well worth your money!

This text is basically the curious and humorous history of 19 common vegetables. Each chapter is heavily researched with ample references as to the source of the information. It is one of the books that a reader will retain for their private library. An absolute must read for anyone since we all eat vegetables. I give it my highest endorsement.

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